

How do we administrate

Bortezomib ?

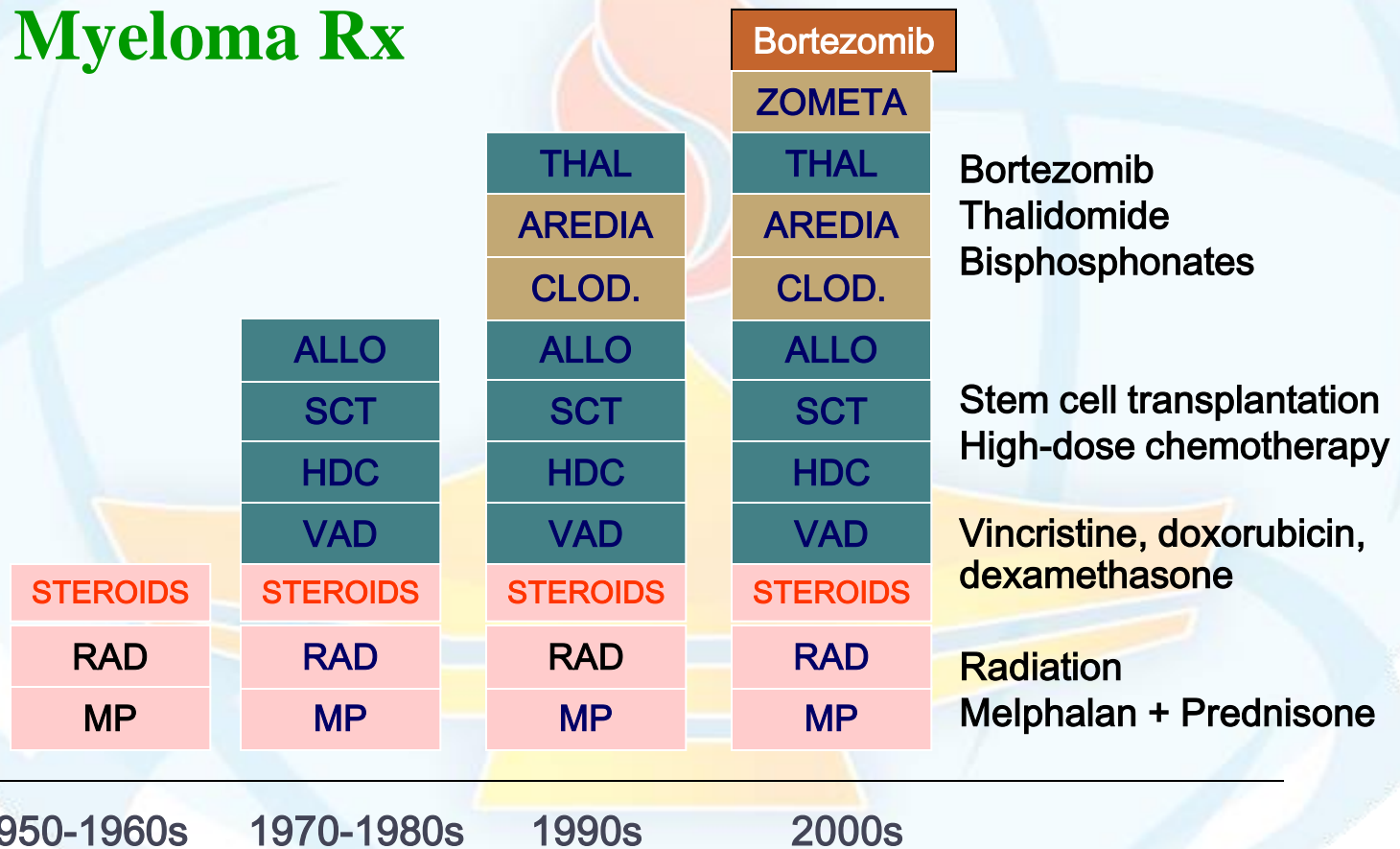


Thanaphat Chaipoh

Division of Hematology, Department of Medicine
Faculty of Medicine, Chiang Mai University

Increase in Treatment Options Over Time

Myeloma Rx





National
Comprehensive
Cancer
Network®

NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®)

Multiple Myeloma

Version 2.2015

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NCCN Guidelines Version 2.2015

Multiple Myeloma

MYELOMA THERAPY¹⁻³

Exposure to myelotoxic agents (including alkylating agents and nitrosoureas) should be limited to avoid compromising stem-cell reserve prior to stem-cell harvest in patients who may be candidates for transplants.

	Preferred Regimens	Other Regimens
Primary Therapy for Transplant Candidates (Assess for response after 2 cycles)	<ul style="list-style-type: none"> • Bortezomib/dexamethasone (category 1) • Bortezomib/cyclophosphamide/dexamethasone • Bortezomib/doxorubicin/dexamethasone (category 1) • Bortezomib/lenalidomide⁴/dexamethasone • Bortezomib/thalidomide/dexamethasone (category 1) • Lenalidomide⁴/dexamethasone (category 1) 	<ul style="list-style-type: none"> • Carfilzomib⁷/lenalidomide⁴/dexamethasone • Dexamethasone (category 2B) • Liposomal doxorubicin/vincristine/dexamethasone (DVD) (category 2B) • Thalidomide/dexamethasone (category 2B)
Primary Therapy for Non-Transplant Candidates (Assess for response after 2 cycles)	<ul style="list-style-type: none"> • Bortezomib/dexamethasone • Lenalidomide/low-dose dexamethasone (category 1)⁵ • Melphalan/prednisone/bortezomib (MPB) (category 1) • Melphalan/prednisone/lenalidomide (MPL) (category 1) • Melphalan/prednisone/thalidomide (MPT) (category 1) 	<ul style="list-style-type: none"> • Dexamethasone (category 2B) • Liposomal doxorubicin/vincristine/dexamethasone (DVD) (category 2B) • Melphalan/prednisone (MP) • Thalidomide/dexamethasone (category 2B) • Vincristine/doxorubicin/dexamethasone (VAD) (category 2B)
Maintenance Therapy	<ul style="list-style-type: none"> • Bortezomib • Lenalidomide⁶ (category 1) • Thalidomide (category 1) 	<ul style="list-style-type: none"> • Bortezomib + prednisone (category 2B) • Bortezomib + thalidomide (category 2B) • Interferon (category 2B) • Steroids (category 2B) • Thalidomide + prednisone (category 2B)

¹Selected, but not inclusive of all regimens.

²Recommend herpes zoster prophylaxis for patients treated with bortezomib and carfilzomib. Consider using subcutaneous bortezomib for patients with pre-existing or high-risk peripheral neuropathy.

³Prophylactic anticoagulation recommended for patients receiving thalidomide-based therapy or lenalidomide with dexamethasone.

⁴Consider harvesting peripheral blood stem cells prior to prolonged exposure to lenalidomide.

⁵Continuously until progression. Facon T, Dimopoulos MA, Dispenzieri A, et al. Continuous lenalidomide and low-dose dexamethasone demonstrates a significant PFS and OS advantage in transplant ineligible NDMM patients. The FIRST: MM-020/IFM0701 [oral]. Oral presented at: 55th Annual Meeting of the American Society of Hematology (ASH) 2013; December 7-10; New Orleans, LA USA.

⁶There appears to be an increased risk for secondary cancers, especially with lenalidomide maintenance following transplant. The benefits and risks of maintenance therapy vs. secondary cancers should be discussed with patients.

⁷Optimal dosing in this regimen has not been defined.

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

[Continued on next page](#)

Bortezomib Strength

Bortezomib 3.5 mg

- **3.5 mg of** bortezomib as a sterile lyophilized powder (white to off-white) Inactive ingredient: 35 mg mannitol, USD/EP (IV or SC use)

Bortezomib 1.0 mg

- **1.0 mg of** bortezomib as a sterile lyophilized powder. Inactive ingredient: 10 mg mannitol, USD/EP (IV use only)
- Each single-dose vial is intended for administration to one patient

Shelf storage

- Do not store unopened vials above 30°C (86°F). Retain in original package to protect from light.

Bortezomib

A Well-Defined Dosing Schedule

- Regimen
 - Bortezomib is dosed 1.3 mg/m²/dose
 - **IV (at a concentration of 1 mg/mL)** as a 3 to 5 second bolus injection
 - **SC (at a concentration of 2.5 mg/mL)**

Bortezomib

A Well-Defined Dosing Schedule

Twice weekly for 2 weeks

days 1, 4, 8, 11

followed by a 10-day rest period

3 weeks cycle

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
1	2	3	4	5	6	7

Once weekly for 4 weeks

days 1, 8, 15, 22

followed by a 13-day rest period

5 weeks cycle

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
1	2	3	4	5	6	7

At least 72 hours should elapse between
Consecutive doses of Bortezomib

MAHARAJ NAKORN CHIANGMAI HOSPITAL

Division of Hematology Department of Medicine

Velcade – Cyclophosphamide – Dexamethasone for MM Cycle

PATIENT'S NAME..... HN..... AGE..... WARD.....

Date	Orders for one day	Date	Orders for continuation
	<p><u>Investigation prior start Chemotherapy</u></p> <ul style="list-style-type: none"> - <u>CBC,Plt</u> - BS, Bun, Cr, electrolyte, Ca, Mg, PO₄, LFT, LDH, uric acid - <input type="checkbox"/> <u>Serum protein electrophoresis (SPEP)</u> - <input type="checkbox"/> <u>Urine protein electrophoresis (UPEP)</u> - <input type="checkbox"/> <u>IgG</u> <input type="checkbox"/> <u>IgA</u> <input type="checkbox"/> <u>IgM</u> 		<p><u>Medication</u></p> <ul style="list-style-type: none"> - Bortezomib (1.3 mg/m²)mg SC on D1, D4, D8, D11 D1..... D4..... D8..... D11..... - Cyclophosphamide (300 mg/m²) (50 mg/tab)tab oral bid ac on Day

MAHARAJ NAKORN CHIANGMAI HOSPITAL

Division of Hematology Department of Medicine

Velcade – Cyclophosphamide – Dexamethasone weekly for MM Cycle

PATIENT'S NAME..... HN..... AGE..... WARD.....

Date	Orders for one day	Date	Orders for continuation
	<u>Investigation prior start Chemotherapy</u> - <u>CBC,Plt</u> - BS, Bun, Cr, electrolyte, Ca, Mg, PO ₄ , LFT, LDH, uric acid - <input type="checkbox"/> <u>Serum protein electrophoresis (SPEP)</u> - <input type="checkbox"/> <u>Urine protein electrophoresis (UPEP)</u> - <input type="checkbox"/> <u>IgG</u> <input type="checkbox"/> <u>IgA</u> <input type="checkbox"/> <u>IgM</u>		<u>Medication</u> - Bortezomib (1.3 mg/m ²)mg SC on D1, D8, D15, D22 D1..... D8..... D15..... D22..... - Cyclophosphamide (300 mg/m ²) (50 mg/tab)tab oral bid ac on D1, D8, D15, D22

Bortezomib Reconstitution

Because each route of administration has a different reconstituted concentration, caution should be used when calculating the volume to be administered

	IV		SC
	(1 mg bortezomib)	(3.5 mg bortezomib)	(3.5 mg bortezomib)
Volume of diluent (0.9% Sodium Chloride) added to reconstitute one vial	1.0 mL	3.5 mL	1.4 mL
Final Concentration after reconstitution (mg/mL)	1.0 mg/mL	1.0 mg/mL	2.5 mg/mL

Bortezomib Reconstitution for SC

concentration of 2.5 mg/mL		concentration of 2.5 mg/mL	
2.5 mg	1.0 CC	1.9 mg	0.76 CC
2.4 mg	0.96 CC	1.8 mg	0.72 CC
2.3 mg	0.92 CC	1.7 mg	0.68 CC
2.2 mg	0.88 CC	1.6 mg	0.64 CC
2.1 mg	0.84 CC	1.5 mg	0.60 CC
2.0 mg	0.8 CC	1.4 mg	0.56 CC

Stability after reconstitution

Reconstituted Bortezomib

- Bortezomib contains no antimicrobial preservative.
- When reconstituted as directed, Bortezomib may be stored at 25°C (77°F).
- Reconstituted Bortezomib should be administered within 8 hours of preparation.
- The total storage time for the reconstituted material must not exceed 8 hours when exposed to normal indoor lighting

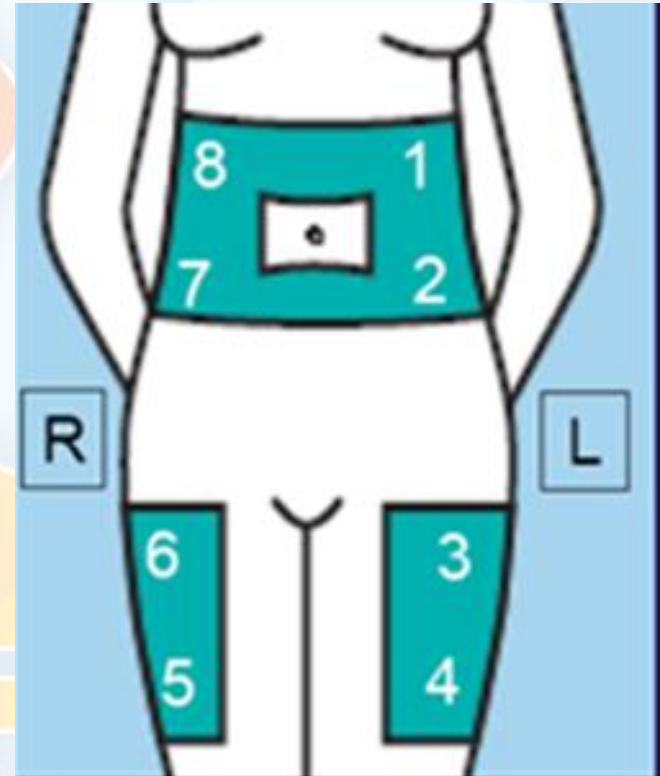
Bortezomib Administration

IV

- Bortezomib is administered as a 3-5 second bolus intravenous injection through a peripheral or central intravenous catheter
- followed by a flush with 0.9% sodium
- In clinical trials, local skin irritation was reported in 5% of patients; no tissue damage associated with extravasation

Bortezomib Administration

- The reconstituted solution is injected into the thighs (right or left) or abdomen (right or left)
- Injection sites should be rotated for successive injections.



SC

A Phase 3 Prospective, Randomized, International Study (MMY-3021) Comparing Subcutaneous and Intravenous Administration of Bortezomib in Patients with Relapsed Multiple Myeloma

Philippe Moreau,¹ Halyna Pylypenko,² Sebastian Grosicki,³ Evgeniy Karamanesht,⁴ Xavier Leleu,⁵ Maria Grishunina,⁶ Grigoriy Rekhtman,⁷ Zvenyslava Masliak,⁸ Tadeusz Robak,⁹ Anna Shubina,¹⁰ Jean-Paul Femand,¹¹ Martin Kropff,¹² James Cavet,¹³ Dixie-Lee Esseltine,¹⁴ Huaibao Feng,¹⁵ Donna Skee,¹⁵ Helgi van de Velde,¹⁶ William Deraedt,¹⁶ Jean-Luc Harousseau¹⁷

¹University Hospital, Nantes, France; ²Cherkassy Regional Oncology Dispensary, Cherkassy, Ukraine; ³Oddzial Hematologiczny ZSM, Chorzow, Poland; ⁴Kiev BMT Center, Kiev, Ukraine; ⁵Hopital Huriez, CHRU, Lille, France; ⁶Nizhniy Novgorod Region Clinical Hospital, Nizhniy Novgorod, Russia; ⁷Khmelnytskyi Regional Hospital, Khmelnytskyi, Ukraine; ⁸SI Institute of Blood Pathology and Transfusion Medicine UAMS, Lviv, Ukraine; ⁹Medical University of Lodz, Lodz, Poland; ¹⁰S.P. Botkin Moscow City Clinical Hospital, Moscow, Russia; ¹¹Hopital Saint-Louis, Paris, France; ¹²University of Munster, Münster, Germany; ¹³The Christie NHS Foundation Trust, Manchester, UK; ¹⁴Millennium Pharmaceuticals Inc., Cambridge, MA, USA; ¹⁵Johnson & Johnson Pharmaceutical Research & Development, Raritan, NJ, USA; ¹⁶Johnson & Johnson Pharmaceutical Research & Development, Beerse, Belgium; ¹⁷Centre René Gauducheau, Nantes/St Herblain, France

Primary Endpoint: Response After 4 Cycles (Single-Agent Bortezomib)

Response rate, %	Bortezomib IV (n=73)	Bortezomib SC (n=145)	Relative risk (95% CI)
ORR (CR + PR)	42	42	0.99 (0.71, 1.37)
CR	8	6	
CR + nCR	14	12	
PR	34	36	
nCR	5	6	
VGPR	3	4	
≥VGPR (CR + nCR + VGPR)	16	17	

Data shown for the response-evaluable population

Primary hypothesis of non-inferiority of ORR after 4 cycles clearly demonstrated

Adverse Events (AEs)

	Bortezomib IV (n=74)	Bortezomib SC (n=147)
AEs, all grades, %	99	95
AEs, grade ≥ 3, %	70	57
Any serious AE, %	35	36
Bortezomib dose reductions due to AEs, %	43	31
Discontinuations due to AEs, %	27	22

Hematology Laboratory Data

Grade 3/4, %	Bortezomib IV (n=74)	Bortezomib SC (n=147)
Hemoglobin	12	14
WBC	18	8
ANC	28	22
Platelets	23	18

Peripheral Neuropathy (PN)

	Bortezomib IV (n=74)	Bortezomib SC (n=148)	P-value*
Any PN event, %	53	38	0.04
Grade ≥ 2, %	41	24	0.01
Grade ≥ 3, %	16	6	0.03
Risk factors for PN, %			
Grade 1 PN at baseline	28	23	
Diabetes at baseline	11	13	
Exposure to prior neurotoxic agents	85	86	

*P-values based on 2-sided Fisher's exact test

Local Injection Site Reactions

- 6% of patients had at least one SC injection site reaction reported as an AE
 - Changes to bortezomib treatment were rare (2%)
- Detailed local injection site questionnaire:
 - Most common reaction was redness: 57% of patients
 - Only 1% of patients had severe injection site reactions
 - Median time to resolution was 6 days (100% resolved)

Conclusions

- The efficacy of bortezomib was similar by SC and IV administration in patients with relapsed MM
 - IV and SC administration also resulted in similar PK (systemic exposure) and PD (proteasome inhibition) profiles
- SC administration of bortezomib appeared to have an **improved safety profile** compared with IV administration
 - With SC administration there were **significantly fewer** all-grade, grade ≥ 2 , and grade ≥ 3 **PN** events compared with IV administration
- SC administration had acceptable local tolerability

How do we administrate Bortezomib-Subcutaneous ?

อุปกรณ์

- อุปกรณ์ฆ่าเชื้อ แอลกอฮอล์ 70% + สำลี
- Syringe ขนาด 3 CC สำหรับผสมยา
- Syringe สำหรับฉีดยา : Insulin or tuberculin syringe
- เข็มคุดยา ขนาด 20 – 21 guage
- เข็มฉีดยาขนาด 27 - 25 gauge ยาว 3/8 – 5/8 นิ้ว
- พลาสเตอร์

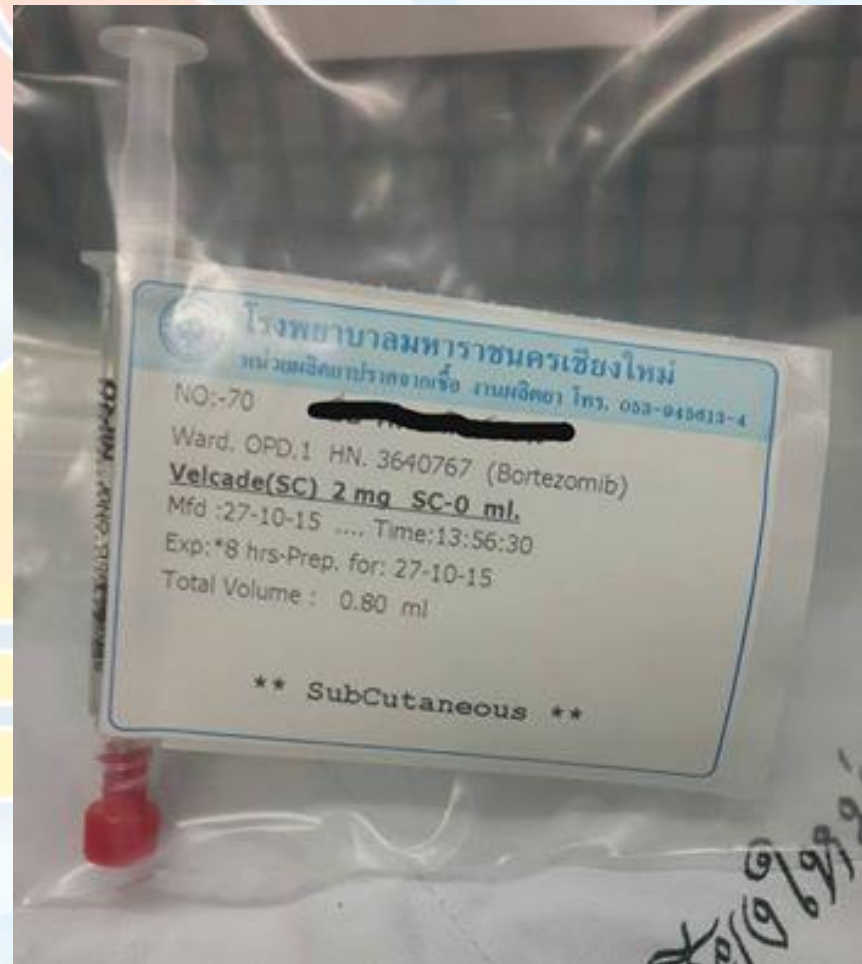
How do we administrate Bortezomib-Subcutaneous ?

วิธีปฏิบัติ

- ล้างมือให้สะอาด เช็ดให้แห้ง
- การปฏิบัติทุกขั้นตอนให้ยึดหลัก Aseptic technique และหลักการให้ยา
- ผสมยาให้ได้ความเข้มข้นตามแผนการรักษา จากนั้นจึงดูดยาเข้ากระบอกฉีดยา
- เตรียมยาที่จะฉีด โดยไล่ฟองอากาศออกให้เหลือประมาณ 0.1-0.2 CC เพื่อให้ฟองอากาศช่วยดันน้ำยาออกจากเข็มไปหมด (air lock technique) ซึ่งฟองอากาศที่อยู่บริเวณที่ฉีดจะช่วยปกคลุมปริมาณยาที่ฉีดไม่ให้รั่วไหลผ่านรูที่แทง และฟองอากาศจำนวนนี้จะไม่ก่อให้เกิดการอุดตันในเลือด

How do we administrate Bortezomib-Subcutaneous ?

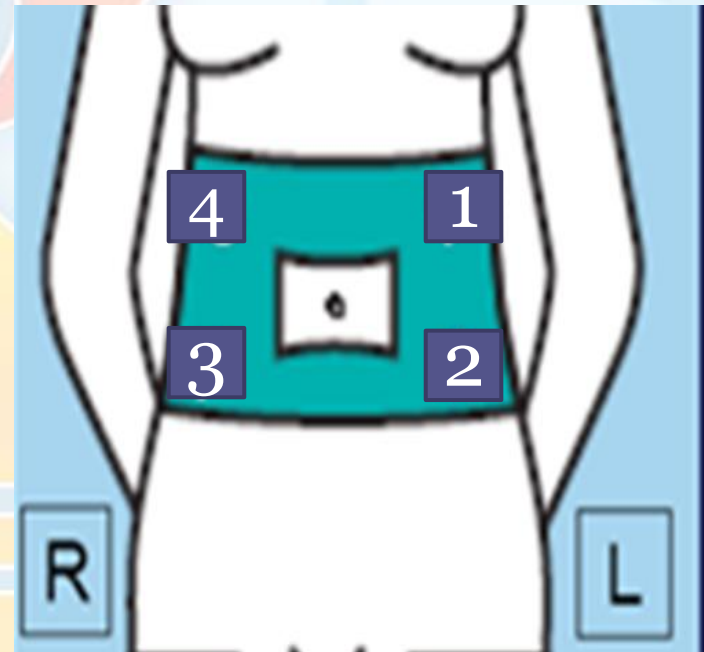
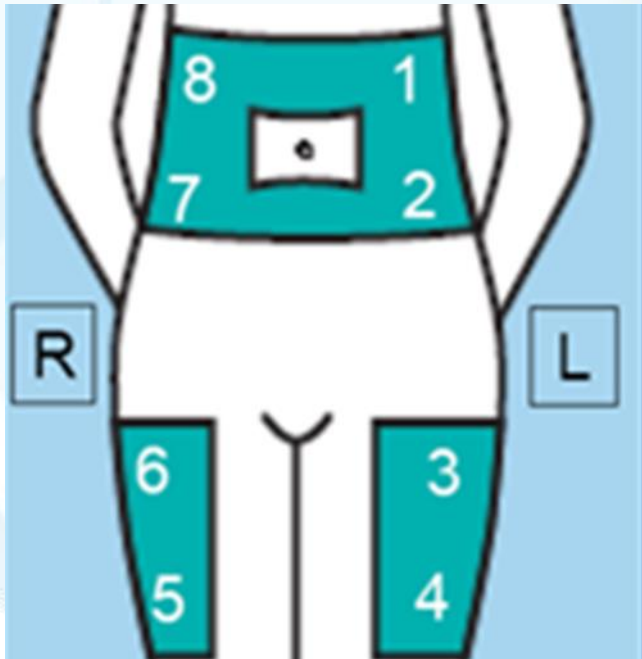
- ในกรณีที่ยาถูกเตรียมจากฝ้ายเภสัชกรรม ให้ตรวจสอบความถูกต้องอีกครั้ง ก่อนนำไปให้ผู้ป่วย



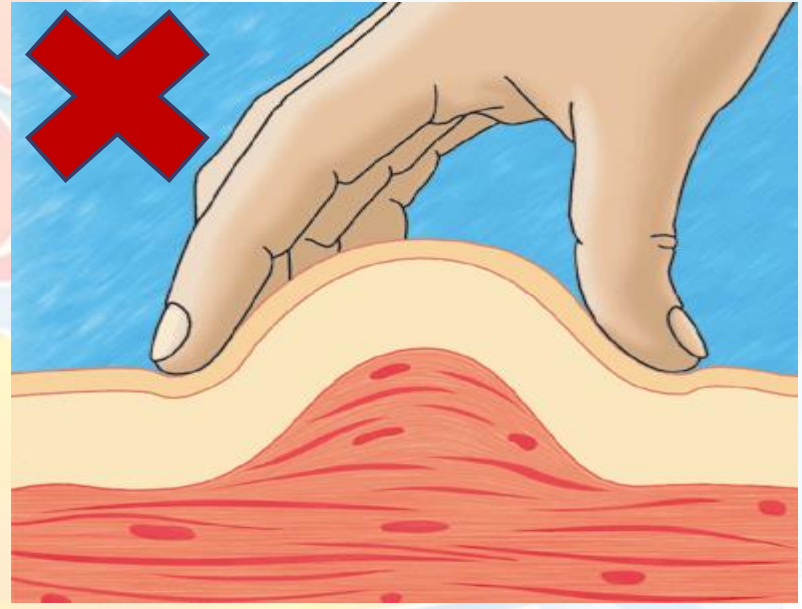
How do we administrate Bortezomib-Subcutaneous ?

- เปลี่ยนเข็มฉีดยา ให้เป็นขนาด 27 - 25 gauge
- เลือกบริเวณที่จะฉีดยา ได้แก่ ต้นขาด้านหน้า หรือ หน้าท้อง เลือกบริเวณที่ไม่มีผื่นแพ้อักเสบ บวม แดง คัน มีแผลเป็นไตแข็ง หรือลักษณะเนื้อเยื่อถูกทำลาย เนื่องจากฉีดยาซ้ำที่บ่อย
- ทำความสะอาดผิวหนังด้วยยาฆ่าเชื้อ แล้วรอให้แห้ง

Injection site



Injection site

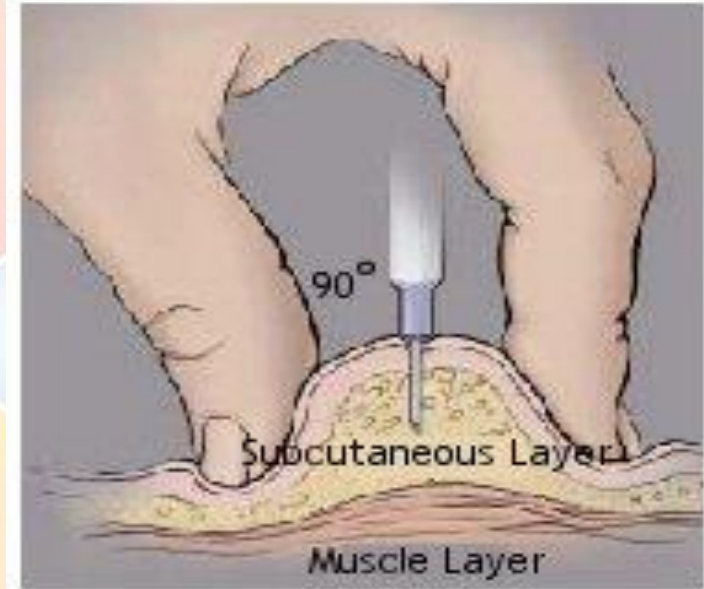


จับผิวหนังให้ตึง โดยยกขึ้นหรือดึงลง

Injection site



Injection technique

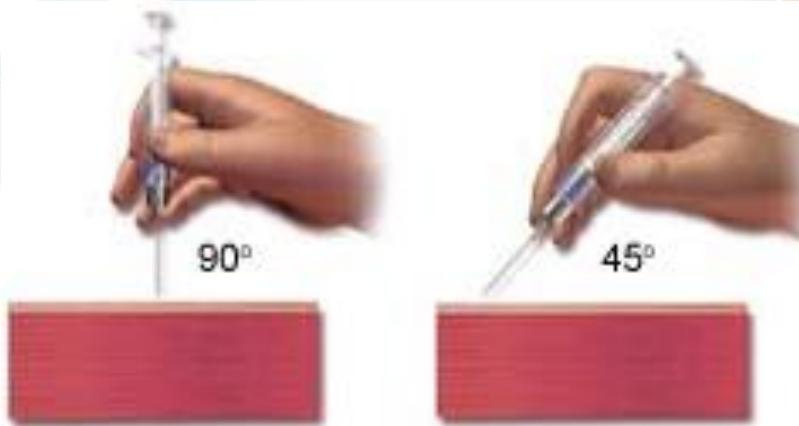


จับกระบอกฉีดยาให้ปลายตัดของเข็มหงายขึ้น แแทงเข็มฉีดยาทำมุม 45 องศา กับผิวหนังให้เข็มลึก 5/8 นิ้ว ในคนอ้วนอาจแทงเข็มลึกถึง 1 นิ้ว ถ้าใช้เข็มขนาด 1/2 นิ้ว แแทงเข็มทำมุม 90 องศา

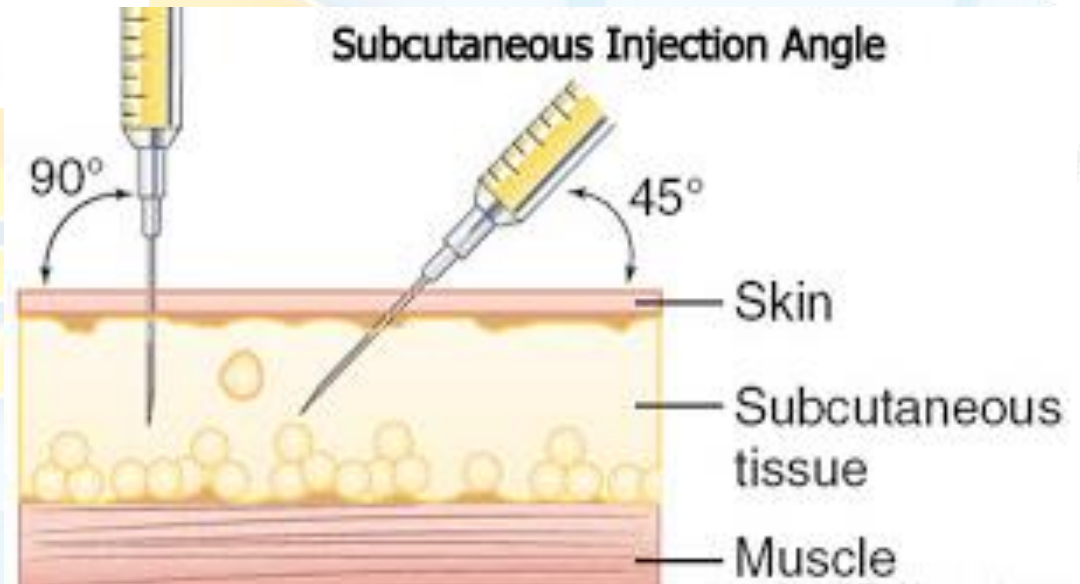
Injection technique



Injection technique



The Correct Angle and Way to Hold the Syringe



How do we administrate Bortezomib-Subcutaneous ?

- เมื่อแทงเข็มแล้ว ดึงลูกสูบออกเล็กน้อย เพื่อทดสอบว่าปลายเข็มแทงถูกหลอดเลือดหรือไม่ ถ้าไม่พบเลือดในกระบอกฉีดยา ให้ฉีดยาเข้าไปช้า ๆ จนหมด
- หากดึงลูกสูบแล้ว ได้เลือดให้ดึงเข็มออก แล้วเริ่มต้นใหม่
- ใช้สำลีแห้งวางเหนือจุดแทงเข็ม ดึงเข็มออกโดยเร็วตามทิศทางเดียวกับที่แทงเข็ม เลื่อนสำลีกดรอยเข็ม
- คลึงบริเวณที่ฉีดยาเบา ๆ ถ้ามีเลือดออกให้ใช้สำลีแห้งหรือก๊อช กดไว้สักระยะ จนกว่าเลือดจะหยุด
- เก็บเครื่องใช้และทำความสะอาดให้ถูกวิธี
- ลงบันทึกการให้ยา และบันทึกการพยาบาลเกี่ยวกับยา ขนาด วิธีทางและตำแหน่งที่ ฉีดยารวมทั้งอาการผิดปกติภายหลังฉีดยาแล้ว

NATURE AND MANAGEMENT OF COMMON BORTEZOMIB SIDE EFFECTS



- Peripheral Neuropathy



- Varicella Zoster Reactivation

Antiviral prophylaxis

NATURE AND MANAGEMENT OF COMMON BORTEZOMIB SIDE EFFECTS

Severity of Peripheral Neuropathy Signs/Symptoms	Modification of Dose and Regimen
Grade 1 without pain or loss of function (asymptomatic; loss of deep tendon reflexes or paresthesia)	No action
Grade 1 with pain or Grade 2 (moderate symptoms; limiting instrumental activities of daily living (ADL))	Reduce bortezomib to 1.0 mg/m² or Change bortezomib treatment schedule to 1.3 mg/m² once per week
Grade 2 with pain or Grade 3 (severe symptoms; limiting self care ADL)	Withhold bortezomib therapy until toxicity resolves. When toxicity resolves reinstitute with a reduced dose of bortezomib at 0.7 mg/m²once per week.
Grade 4 (life-threatening consequences; urgent intervention indicated)	Discontinue bortezomib

Other toxicities

- Nausea – antiemetics (e.g. ondansetron)
- Diarrhoea – Anti-diarrhoeal (loperamide)
- Constipation – laxatives
- Dehydration – normal saline ; 500cc – 1litre
- Rash – steroids, antihistamines
- Fatigue – role of steroids, hydration
- Skin and subcutaneous tissue disorders

Skin and subcutaneous tissue disorders



Skin and subcutaneous tissue disorders



การดูแลและการป้องกัน

- ใช้เข็มฉีดยาที่มีขนาดเล็ก
- เลือกตำแหน่งที่เหมาะสม
- หลังฉีดยา คลึงเบาๆ แล้วกดไว้ 1-2 นาที
- ให้ข้อมูลผู้ป่วย อาการจะค่อยๆ หายไปเอง



Thank you for your attention!

Any questions?

